

7B Unit 3 A helping hand 知识点梳理

Period1 Viewing and listening: Everyday heroes

一、核心单词与词转

1. elderly (adj. 上了年纪的; 老掉牙的) → elder (adj./n. 资格老的; 长者, 长辈) → older (adj. 年长的; 较旧的) → old (adj. 古老的, 老派的, ...岁的)
2. rebuild (v. 重建, 使复原) → build (v./n. 建造, 建立, 体型, 体格) → building (n. 建筑物)
3. prevent (v. 组织, 阻碍) → prevention (n. 预防, 防止)
4. impress (v. 使留下深刻印象, 使钦佩) → impression (n. 印象) → impressed (adj. 被打动的) → impressive (adj. 给人印象深刻的, 令人钦佩的)

二、重要词组

1. look through the news about 浏览关于...的新闻
2. everyday heroes 日常英雄
3. help out 帮助摆脱困境
4. a 12-year-old girl 一个 12 岁的女孩
5. hand out food to the elderly 分发食物给老年人
6. live alone 独自生活
7. people in need 需要帮助的人
8. rebuild confidence 重建自信
9. give up hope 放弃希望
10. pick up cigarette ends 捡起烟头
11. prevent fires 预防火灾
12. impress sb. most 给某人留下印象
13. give a helping hand 伸出援手
14. cheer... up 使振奋
15. drop the wallet 掉落钱包

三、重要句型

1. Teenagers visited people in need to help them rebuild confidence and encourage them never to give up hope. 青少年探访有需要的人, 帮助他们重建信心, 鼓励他们永远不要放弃希望。
2. Which piece of news impressed you most? 哪条新闻给你留下了最深刻的印象?
3. When did the two teenagers start to give a helping hand? 两个青少年什么时候开始伸出援手的?
4. Look! The man over there dropped his wallet. Let's pick it up. 看! 那边那个人丢了钱包。让我们捡起它并归还。
5. This maths problem is so hard. Can you help me work it out? 这道数学题太难了。你能帮我解出它吗?

Period 2 Speaking: A helping hand

一、核心单词与词转

1. lost (adj. 迷路的, 失去的, 全神贯注的) → lose (v. 丢失, 失去, 输掉 lose-lost-lost) → loss (n. 失去, 丧失, 亏损) → loser (n. 失败者, 遗失者)
2. librarian (n. 图书馆长, 图书管理员) → library (n. 图书馆, 藏书楼)

二、重要词组

1. hold a photo contest of school life 举办一场学校生活摄影比赛
2. a little lost 有点困惑
3. look for 寻找
4. a book of maps for the geography class 一本地理课用的地图书
5. on the shelf 在架子上
6. next to the librarian's desk 在图书管理员桌子旁边
7. check out 借阅, 借出
8. not tall enough to reach the top of the blackboard
不够高够得着黑板顶部
9. my pleasure 我的荣幸
10. hurt the leg 伤着腿了
11. seem a bit upset 似乎有点沮丧

三、重要句型

1. How did they ask for and offer help.
他们是如何寻求和提供帮助的?
2. I don't know where to start looking for it.
我不知道从哪里开始找它。
3. Just show the librarian your student card and she'll let you take the book home.
只要给图书管理员看你的学生证, 她就会让你把书带回家。
4. I'm glad to help you out.
我很乐意帮你摆脱困境。
5. I'm not tall enough to reach the top of the blackboard.
我个子不顾高, 够不到黑板的顶部。

Period3&4 Reading Help in an emergency

一、核心单词与词转

- emergency n. 突发事件; 紧急情况 ==> emergent adj. 紧急的
kindness n. 仁慈; 善良 ==> kind adj. 善良的 ==> kindly adv. 善良地
usual adj. 寻常的, 经常的 ==> usually adv. 经常地 ==> unusual adj. 不寻常的
neighbour n. 邻居 ==> neighbourhood n. 邻里之间
sudden adj. 突然的; 意外的 ==> suddenly adv. 突然地

all of a sudden = in a sudden 突然地

attack n. 袭击; 攻击 &v. heart attack 心脏病

pale adj. 苍白的; 无力的 look pale (脸色) 看起来苍白

sweat n. 汗水&v. 流汗 ==> sweaty adj. 出汗的

shock v. (使) 震惊&n. 打击

calm /kɑː m/ v. (使) 冷静&adj. 冷静的

himself pron. 他自己

反身代词

我自己	你自己	他自己	她自己	它自己	我们自己	你们自己	他们自己
myself	yourself	himself	herself	itself	ourselves	yourselves	themselves

nobody pron. 没有人 = no one nobody else 没有其他人

不定代词

some 系列	any 系列	every 系列	no 系列
someone 一些人	anyone 任何人	everyone 每个人	no one 没有人
something 一些事	anything 任何事	everything 每件事	nothing 没有事
somebody 一些人	anybody 任何人	everybody 每个人	nobody 没有人

quickly adv. 快速地 ==> quick adj. 快速的 quicker (比较级)

operator n. 操作员; 接线员 ==> operate v. 运行 ==> operation n. 手术

14. clearly adv. 清晰地 ==> clear adj. 清楚的

pill n. 药片, 药丸 take a pill 吃一片药

aid n. 帮助; 救助 first aid 急救

once /wʌns/ adv. 一次; 曾经

once upon a time 从前 at once 立即

nod /nɒd/ v. 点头【反义】shake

二、重要词组

1. one sunny Saturday morning

2. as usual

3. read a newspaper to his old neighbour

4. cry out

5. put her hand to her heart

6. have a heart attack

7. say sth. in a weak voice

8. turn pale

9. break out in a cold sweat

10. the eleven-year-old boy

11. take a few deep breaths

12. calm oneself down

13. in an emergency

14. stay calm

15. turn to sb. for help

16. live alone

17. nobody around

18. go shopping for the old lady

一个晴朗的周日早上

像往常一样

向他年迈的邻居读报纸

哭了出来

把她的手放在她的心上

有心脏病

用虚弱的声音说

(脸色) 变得惨白

出了一身冷汗

一个 11 岁的男孩

深呼吸了几次

让某人自己冷静下来

在紧急情况下

保持冷静

向某人求助

一个人住

身边没有人

为这个老妇人买东西

19. take out his phone	拿出了他的手机
20. on one's way	在某人的路上
21. get me sth.	帮我拿什么东西
22. by one's bed	在某人的床边
23. run into the house	跑进房子里
24. give sb. first aid	给某人进行急救
25. at once	立即，立刻
26. well done	做得好
27. leave for the hospital	出发去医院
28. think to himself	独自思忖道
29. be happy to do sth.	很高兴做某事
30. seem to understand what sb. means	似乎明白了某人的意思

三、重要句型

1. "I think I'm having a heart attack!" she said in a weak voice. "我想我心脏病发作了!" 她微弱地说道。
2. Her face turned pale, and she broke out in a cold sweat. 她脸色惨败，突然大汗淋漓。
3. Tom was shocked, but the eleven-year-old boy took a few deep breaths to calm himself down. Tom 很震惊，但这个十一岁的男孩深吸几口气，冷静了下来。
4. He remembered a lesson he had learned in a summer camp. 他记起在夏令营中学到的一课。
5. Who could he turn to for help? 他能向谁求助?
6. After they left for the hospital, Tom thought to himself, "Mum often says she is happy to be a rainbow in someone's cloud. 他们出发去医院之后，Tom 想道：妈妈常说她很高兴成为他人的雨后彩虹。

Period 5 Grammar 知识点

一、词组

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|-----------------------|--------|
| 1. compound sentences | 并列复合句 |
| 2. help sb. with sth. | 帮助某人某事 |
| 3. catch a bad cold | 患重感冒 |

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|-----------------------------------|--------------|
| 4. feel awful | 感觉糟糕 |
| 5. what your help means to me | 你的帮助对于我意味着什么 |
| 6. accept my sincere thanks | 接受我诚挚的感谢 |
| 7. receive help | 受到帮助 |
| 8. take her to the school canteen | 送她去学校食堂 |
| 9. in a wheelchair | 坐轮椅上 |

二、词转

1. sincere (adj.) 真诚的, 诚挚的 --sincerely (adv.) 真诚地; 诚恳地
2. catch--caught-caught
3. take--took--taken
4. receive (v.) 收到, 得到--reception (n.) 接待; 欢迎; 接待处

三、句型

1. I caught a bad cold and felt awful last week, **so** I went to see the doctor.
上周我得了重感冒, 感觉非常糟糕, 所以我去看医生了。
2. You have no idea what your help means to me, **so** please accept my sincere thanks.
你根本不知道你的帮助对我意味着什么, 请接受我真诚的感谢。
3. My father often helps me with my homework, **and** he also helps me learn about the world. 我父亲经常帮我做作业, 他也帮助我了解世界。
4. I wanted to call you for help, **but** I didn't have your phone number.
我本想打电话向你求助, 但我没有你的电话号码。

7BU3 A helping hand

Period 6 Writing 知识点

一、词组

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|------------------------------|--------|
| 1. be thankful | 心怀感恩 |
| 2. write a thank-you letter | 写一封感谢信 |
| 3. call the emergency number | 拨打紧急电话 |

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|-----------------------------------|------------|
| 4. give sb. the heart pills | 给某人救心丸 |
| 5. in time | 及时 |
| 6. give sb. first aid | 给某人急救 |
| 7. take good care of sb. | 好好照顾某人 |
| 8. feel much better | 感觉好多了 |
| 9. be grateful to sb./sth. | 感激某人/某事 |
| 10. kind people like your parents | 像你父母那样善良的人 |

二、词转

1. thank (v.) 感谢 --thankful (adj.) 感谢的；欣慰的
2. grateful (adj.) 感激的，表示感谢的 --gratefully (adv.) 感激地；令人舒适地

三、句型

1. Thank you very much for your help. 非常感谢您的帮助。
2. I'm so happy and grateful to have kind people like you and your parents around me.
我非常高兴并且感激我身边能有像你和你父母这样善良的人。